Involvement of BMP-2, TGF-B2 and TGF-B3 Signaling in Initial and Early Stages of Heterotopic Ossification in a rat Experimental Model

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Summary

This study focused on the localization and expression of bone morphogenetic protein 2 (BMP-2) and different isoforms of transforming growth factor β (TGF- β_1 , TGF- β_2 and TGF- β_3) in the initial and early stages of heterotopic ossification (HO) employing an animal model mimicking the situation after total hip arthroplasty (THA). Bone growth was induced in rats using β -tricalcium phosphate implants immersed either in osteoinductive rhBMP-2 solution or in saline and implanted at the site where the HO is usually expected to develop after THA. Implants were removed at 3 or 21 days after the operation and handled according to stereology principles. mRNA expression and protein staining of growth factors in different types of tissues was determined by *in situ* hybridization and immunohistochemistry, respectively.

After three days, TGF- β_3 content in the undifferentiated mesenchymal-like cells in the rhBMP-2 treated implants was, as assessed by immunohistochemistry, 49.6% higher compared to the saline treated group (p=0.024). This was also supported by *in situ* hybridization of mRNA of TGF- β_3 , which showed stronger expression in rhBMP-2 treated group. Immunohistochemical investigation showed that after 21 days the connective tissue in the rhBMP-2 treated implants contained more TGF- β_1 , TGF- β_2 and TGF- β_3 , compared to BMP-2 and osteoblasts contained significantly (27.2%) more TGF- β_3 compared to TGF- β_1 (p=0.045). In the formed HO the proportion of the TGF- β_2 and TGF- β_3 producing bone tissue was increased by 32.1% and 47.8% respectively, compared to the TGF- β_1 producing bone tissue (p=0.007 and p=0.006) and although this difference was not so clear at mRNA level, this suggests that TGF- β_2 and TGF- β_3 signaling seem to play an important role during initial and early stages of HO formation.

Introduction

Heterotopic ossification (HO) is the formation of bone in tissues that are not normally ossified. HO may appear after trauma and after neurological injury. It is also a common complication after total hip arthroplasty (THA) occurring in a varying degree but typically affecting approximately a third of

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Fax +372 737 4252 E-mail siim.suutre@ut.ee THA patients if no prophylactic treatment is applied (*Toom et al., 2001*). In some patients it can cause pain and restricted movements of the joints depending on the location. The characteristics of HO are the presence of bone cells, hydroxyapatite crystals (*Nilsen, 1980*), collagenous matrix and the absence of cellular atypism (*Nilsson and Persson, 1999*). HO tissue is normally described as highly active, with high bone turnover and rapid bone formation (*Puzas et al., 1989*).

The formation of HO after total hip arthroplasty (THA) is considered to be caused by surgical tissue damage at the operation site (*Hierton et al., 1983*),

which, in turn, can cause inflammation that apparently plays an important role in the pathogenesis of HO (*Thomas, 1992*). Transforming growth factor β (TGF- β) isoforms are also involved in the development of the early inflammatory reaction by recruiting inflammatory cells, primarily neutrophils and macrophages to the site of inflammation, as they have been reported to be powerful chemoattractants (*Faler et al., 2006*).

In the normal bone TGF-ß isoforms, as well as some bone morphogenetic proteins (BMPs), are important growth factors that affect bone growth, repair and regeneration. TGF-ß isoforms have been found in proliferating mesenchymal cells, in osteoblasts lining the forming bone, in young and mature chondrocytes and in the bone matrix (Joyce et al., 1990). TGF-ß isoforms have been suggested to have bone stimulatory effects in early phases of osteoblast differentiation (Bonewald, 2002). Five subtypes of TGF-B isoforms have been discovered, three of them in mammals $-TGF-\beta_1$, TGF- β_2 and TGF- β_3 . Five isoforms share approximately 75% sequence identity, but exert different biological activities in normal bone formation although some overlapping occurs (Mittl et al., 1996).

TGF- β_1 is produced by bone cells and is the most abundant in bone. TGF-B₁ is stored in complexes partially linked to the extracellular matrix. This isoform can stimulate bone growth and is believed to do so when osteoclasts are released after bone resorption. The release of TGF- β_1 together with other growth factors such as insulin-like growth factor (IGF) stimulates bone formation and causes osteblasts to invade the lacuna (Rodan, 1991). Knockout of TGF-B, gene causes remarkable suppression of bone formation in mice: decrease in osteoblast proliferation, bone growth rate and mineralization (Geiser et al., 1998). TGF-B₁ is also present in plasma in physiologically significant levels but whether this reflects a high production, or a possible release from bone storage, is at present unclear.

Much less is known about $TGF-\beta_2$ and $TGF-\beta_3$ and results stem mainly from embryonic bone studies. These growth factors regulate osteogenesis in the postnatal period, and in the adult too, and together with TGF- β_1 are upregulated during fracture healing *(Cho et al., 2002)*. TGF- β_2 is mainly located in chondrocytes and in the cartilage *(Joyce et al., 1990)*, but is also present with TGF- β_1 at sites of mineralization. TGF- β_2 is highly expressed in preosteoblasts and osteoblasts in cambial layers indicating a role in bone formation *(Zhang et al., 1999)*. In TGF- β_2 gene knockout mice a wide range of bone defects and defects in ossification have been recorded *(Erlebacher and Derynck, 1996)*.

TGF- β_3 is more widely distributed in bone *(Horner et al., 1998)*, but is also present with TGF- β_1 at sites of endochondral bone formation where TGF- β_3 may have a direct influence on chondrogenesis *(Fan et al., 2008)*. The action of TGF- β^3 is also in part related to changes in receptor availability for TGF- β^1 and TGF- β^2 (*Risbud et al., 2006*).

While TGF- β isoforms stimulate bone formation in a very intricate way, they do not possess any osteoinductive properties in human or rodent cells (*Joyce et al., 1990; Matsaba et al., 2001*) in normal bone. The roles of TGF- β isoforms in heterotopic ossification are far less known.

BMP-2 is a potent inducer of bone formation in ectopic sites and has been shown to play an important role in inducing osteoblastic differentiation of mesenchymal stem cells (*Cheng et al., 2003*). BMP-2 has been evaluated in animal models and in human clinical trials and is available for clinical use – it has been used to enhance osteointegration of orthopedic implants and to help the incorporation of bone grafts (*Matthews, 2005*). In the present study BMP-2 was used in half of the implants to ensure ossification.

In a previous study we reported that in human patients, immature HOs (younger than 17 months) express TGF- β_2 and TGF- β_3 more than mature ossificates (older than 17 months) after THA *(Toom et al., 2007)*. Therefore, we concluded that these two growth factors may have an effect on the early stages of heterotopic bone formation.

To study the very early stages of HO formation, which is not possible in human patients, a rat model was introduced. TGF- β isoforms were detected at the initial period, i.e. 3 days after the operation and also during a period of remodelling of the newly formed HO, i.e. 21 days after the operation.

The aim of this study was to determine if there are differences in the expression (detected by *in situ* hybridization) and localization (detected by immunohistochemistry) of different TGF- β isoforms at the onset of HO in order to elucidate their different roles in the initial and early ossification processes.

Materials and Methods

Animals

Twenty 9-month old Bkl Wistar strain adult male rats weighing between 500–600 g were used in this study (purchased from Scanbur BK AB, Sweden). The rats were housed in polycarbonate cages (Tecniplast, Italy) (Eurostandard type III) and were maintained under SPF conditions – water, cages, lids and bedding were autoclaved. The room temperature was 20 ± 2 °C and relative humidity was 50 ± 5 %. Food (Labfor R70, Lactamin, Sweden) and autoclaved water were available *ad libitum*. The rats were exposed to a 12 h: 12 h light/dark cycle. Lights were switched on from 08:00 to 20:00. Autoclaved aspen chips (chip size $4 \times 4 \times 1$ mm, Estap, Estonia) were used as bedding. The cages were changed on each Monday.

This project received the approval of the Animal Ethics Committee at the University of Tartu (no of the approval – 2002/10; issued August 14, 2002).

Operative procedure and implantation technique

The animals were anaesthetized with isoflurane (Isoflurane Baxter®, Baxter Medical AB, Sweden) by inhalation. Analgesia was provided before the operation and for 72 hours post-operatively using morphine sulphate injections. No anti-inflammatory drugs were applied. The surgical procedure was as follows: A 12-14 mm incision was made dorsally over the greater trochanter. The transgluteal approach was used to reach the posterior part of the hip joint capsule. Gluteus maximus was retracted; the gluteus medius was pinched for 2 minutes with

a standard vascular clamp with a width of 3 mm to produce muscular damage of approximately 9 mm². Bilateral femoral capsulotomy was performed. A cube-shaped implant of ß-tricalcium phosphate (ChronOSTM Block, Mathys Medical Ltd, Bettlach, Switzerland) with the size 3.3 x 3.3 x 3.3 mm and with the volume of 36 mm³ and interconnected porosity of 70% was implanted in the capsulotomy wound. In half of the animals, the implant was immersed in osteoinductive recombinant human BMP-2 (rhBMP-2) solution, (Prof. Walter Sebald, Biozentrum der Universität Würzburg am Hubland, Germany). The estimated amount was 12.5 µg of BMP-2 in each implant. Control implants were immersed in vehicle (sterile phosphate-buffered isotonic saline). The surgical procedure has been described earlier (Toom et al., 2006).

The differences of expression and localization of BMP-2 and three TGF- β isoforms were studied in 4 groups of rats with 5 rats in each group. 2 implants were inserted into each rat, so each group consisted of 10 implants.

- Group I implants were immersed in saline and the rats were killed 3 days after the operation and the implants removed.
- Group II as in group I but implants were immersed in rhBMP-2 solution.
- Group III as in group I, but rats were killed after 21 days.
- Group IV as in group III but implants were immersed in rhBMP-2 solution.

In situ hybridization

The beta-tricalcium phosphate implants were removed after 3 or 21 days and systematic cryosections were made. The sections were bleached with 0.6% H₂O₂, then washed in PBT (phosphate buffered saline containing 0.1% Tween 20) and treated with proteinase K solution for 5 minutes. Proteinase K reaction was stopped by immersion in a glycine solution. Slides were refixed in 4% paraformaldehyde (PFA) containing 0.2% of glutaraldehyde. Commercial Digoxigenin (DIG)-labelled probes (from GeneDetect, Auckland, New Zeland) were used to hybridize mRNAs of BMP-2; TGF-B,; TGF- β_2 and TGF- β_2 . Hybridisation was carried out in RNA hybridisation buffer (50% formamide, 5x saline sodium citrate (SSC), 1% sodium dodecyl sulphate (SDS), at 70°C overnight, and post-hybridisation washes were performed at a final concentration of 50% formamide/2xSSC at 70°C for 2 x 30 min. Anti-DIG antibody (Roche 11 093 274 910) was used at a dilution of 1:5000, in blocking solution (1x 10x Tris-Buffered Saline Tween-20 (TBST) (0.25 M Tris-HCl pH 7.5, 1.4 M NaCl, 27 mM KCl, 1% Tween 20) + 9 X MO filtered water) at 4°C overnight. Detection of antibody was carried out using NBT/BCIP stock solution (Roche (1 681 451)), which was diluted in a Tris-solution (100 mM Tris-HCl pH 9.5, 100 mM NaCl, 50 mM MgCl., 0.1% Tween 20, 2 mM levamisole). The washing steps were performed in PBT.

Immunohistochemical analyses

For immunohistochemistry, frozen sections were made according to the principle of systematic uniform and random selection. Sections with a thickness of 10 µm for surface analysis and cell counting according to Cavalieri's principle (Gundersen et al., 1988) were collected systematically after every 80 µm. The frozen sections were treated with 0.6% H₂O₂ and then with 1% bovine serum albumin (BSA) to block non-specific binding. After blocking, sections were incubated with mouse monoclonal antibody to TGF-B, (ab27969), rabbit polyclonal antibodies to TGF-B, (ab15539), TGF-B, (ab15537) or BMP-2 (ab14933) overnight at 4°C (all antibodies produced by Abcam Ltd., United Kingdom). Visualization of the primary antibodies was performed using the commercial kit "Strept ABComplex/HRP Duet Mouse/Rabbit system" (Dako Cytomation Denmark A/S, Denmark) and DAB+ Chromogen (Dako Cytomation, USA) for substrate. The washing steps in-between were done in phosphate buffered saline (PBS) which contained 0.07% of Tween 20 as a detergent. Thionine was used for background staining.

Stereological analysis of immunohistochemistry

Cell counting and evaluation of the growth factor distribution in different tissues were performed with the light microscope "Olympus BX51" (Olympus, Olympus Company Ltd., Japan) and analysis software "Cast 2" (Olympus, Olympus Company Ltd., Japan). At least 10 sections from each implant were assessed. The counting was done under a specific computer generated grid and the number of dots with positive staining per square area was counted. This counting method allowed us to distinguish between different tissue types during quantification. Osteoblasts were also identified on a morphological basis - the small round cells lining the newly formed bone were considered to be osteoblasts. Cavalieri's principle (which states that the volumes of two objects are equal if the areas of their corresponding cross-sections are in all cases equal) (Gundersen et al., 1988) was applied and relative as well as absolute volumes of different types of tissues in the implants were calculated. All the results are expressed as a percentage of growth factor producing tissue/ whole volume of the specific tissue and the differences were compared using the paired t-test.

Semiquantitative evaluation of in situ hybridization A subjective score system was adopted for visual interpretation of the *in situ* hybridization slides to allow semiquantitative analysis of the data. The scale ranged from 0 to +++ (0 - absence/faint staining; + - weak staining; ++ - moderate staining; +++ - strong staining) as described by Matsuzaki and co-authors for the evaluation of relative strengths of mRNA hybridization signals (*Matsuzaki et al.*, 1999). Differences between groups were tested by the Mann-Whitney U test.

Results

In rats of Group I and II the initial changes were studied at the site of expected HO formation on the third day after the inserting of beta-tricalcium phosphate implants into the capsulotomy wounds of the hip joint. In both groups inner pores of the implants were mostly empty and outward pores were filled with connective tissue together with inflammatory and undifferentiated mesenchymal-like cells. Higher expression of TGF- β_2 and TGF- β_3 in group II, where rhBMP-2 was applied, was found by semiquantitative evaluation of the *in situ* hybridization (see Table 1 and Figure 1). Immunohistochemical staining of proteins of all TGF- β isoforms was observed in the connective tissue and mesenchymallike cells. Since the amount of the connective tissue



Figure 1. In group II (where the rhBMP-2 was applied) the undifferentiated mesenchymal-like cells produced more TGF- β_3 compared to group I (brown staining marks the protein). Arrows show examples of the positive staining. Some differences could also be seen in the mRNA expression (the blue staining on the right). Legend: IHC – immunohistochemistry; ISH – *in situ* hybridization; i – remnants of the implant; p – pore of the implant; c – connective tissue. The scale bar represents 20 µm.

in the implants was limited, only the quantification of stained mesenchymal-like cells was possible. In group II the undifferentiated mesenchymal-like cells stained 49.6% more for TGF- β_3 , compared to the group I (p=0.024; see Table 1 and Figure 1). No other significant differences in the expression or production of growth factors at day three were found. Although immunohistochemical BMP-2 staining was increased in group II, it probably was due to remaining exogenous protein.

In the implants removed from the rats 21 days after the operation (Groups III and IV), early events in HO formation were studied. In group III, the surface of outer pores contained a limited amount of osteoid and cartilage. In group IV, where rhBMP-2 was applied, significant bone formation was found and cells penetrated the implants from all sides and widespread osteoid formation was observed. All studied growth factors were found both by in situ hybridization and immunohistochemical staining. Evaluation of in situ hybridization suggested that mRNA expression of TGF-B, was stronger in group IV compared to group III, but this difference was not obvious in immunohistochemical staining (see Table 2). Immunohistochemistry showed, that in groups III and IV the growth factors were present in all types of the tissues, but in the connective tissue surrounding the heterotopic bone, all TGF-ß isoforms were generally more prevalent than BMP-2 (see Table 2). In group IV osteoblasts stained 27.2% more for TGF-B₃ compared to TGF-B₁ (p=0.045) and seemed to stain more for TGF-B, compared to

Table 1. Percentage of immunohistochemically (IHC) stained mesenchymal-like cells (\pm standard deviation;n=10 in each group). ^a – p=0.024 in Group II vs Group I for TGF- β_3 . Total mRNA staining (*in situ* hybridization, ISH) in the implant graded as: 0 - absence/faint staining; + - weak staining; ++ - moderate staining; +++ - strong staining. ^b – p=0.0005 TGF- β_2 in Group II vs TGF- β_2 in Group I; ^c – p=0.001 TGF- β_3 in Group II vs TGF- β_3 in Group I.

	TGF-B ₁		TGF-B ₂		TGF-B ₃		
	Group I	Group II	Group I	Group II	Group I	Group II	
IHC	55.67±16.96	63.81±22.28	41.61±28.12	52.31±19.84	47.11±21.68 ^a	70.46±22.55ª	
ISH	+	+	0 ^b	+ ^b	0°	+°	

 Table 2. Percentage of immunohistochemically (IHC) stained cells/tissue (±standard deviation; n=10 in each group). NP – not present

^a – p=0.045: TGF- β_3 vs TGF- β_1 in Group IV; ^b – p=0.016: TGF- β_1 vs BMP-2 in Group III; ^c – p=0.012: TGF- β_2 vs BMP-2 in Group III; ^d – p=0.031: TGF- β_3 vs BMP-2 in Group III; ^e – p=0.007: TGF- β_2 vs TGF- β_1 in Group IV; ^f – p=0.006: TGF- β_3 vs TGF- β_1 in Group IV.

Total mRNA staining graded by *in situ* hybridization (ISH) as: 0 - absence/faint staining; + - weak staining; ++ - moderate staining; +++ - strong staining. g - p=0.04: TGF- β_3 in Group IV vs TGF- β_3 in Group III.

		BMP-2		TGF-β ₁		TGF-B ₂		TGF-B ₃	
		Gr III	Gr IV	Gr III	Gr IV	Gr III	Gr IV	Gr III	Gr IV
IHC	osteoblasts	NP	71.73± 15.88	NP	63.84± 26.53ª	NP	77.87± 14.03	NP	81.20± 11.39ª
	connective tissue	33.12± 18.62 ^{b,c,d}	36.46± 28.64	51.99± 15.38 ^b	55.58± 26.10	50.78± 10.16°	49.13± 11.67	50.62± 18.98 ^d	55.03± 19.16
	bone tissue ex- cept osteoblasts	NP	52.92± 7.68	NP	$46.76 \pm 3.49^{e,f}$	NP	61.79± 6.92 ^e	NP	${}^{69.12\pm}_{11.82^{\rm f}}$
ISH	Total mRNA staining in the implant	+	+	+	+	+	++	+g	++ ^g

TGF- β_1 (p=0.09) (see Table 2). As seen in Table 2, in group IV, the bone tissue contained 32.1% and 47.8% more of TGF- β_2 and TGF- β_3 respectively, compared to TGF- β_1 (p=0.007 and p=0.006, respectively, for representative pictures see Figure 2). In group IV the implants were largely reabsorbed and replaced by bone, characterizing the good osteoconductive properties of beta-tricalcium phosphate.

Discussion

This study shows that the growth factors (BMP-2 and different TGF- β isoforms) undergo specific changes during the initial and early ossification periods. In this model, undifferentiated mesenchymal-like cells and connective tissue cells invaded the outer parts of the implant after three days. No cartilage, osteoid or bone was formed at that time. A proportion of TGF- β_3 was increased in the mesenchymal-like cells, if rhBMP-2 was added; however, no overall changes in histological appearance were noted. From this we conclude that an addition of rhBMP upregulates the production of TGF- β_3 and that more TGF- β_3 is produced in the area, where the HO formation is expected. This was also supported by *in situ* hybridization of mRNA of TGF- β_3 , which showed stronger expression in group II compared to group I (see Table 1).

The second finding was that total expression of mRNA of TGF- β_2 in the implant was stronger in group IV compared to group III (see Table 2). This difference was not obvious in the estimations of immunohistochemical staining of TGF-B, in the connective tissue in the implant, while staining of bone tissue was not possible to compare as there was almost no bone formation in group III. However, TGF- β_3 is produced more in the osteoblasts lining the newly formed heterotopic bone in group IV, compared to TGF- β_1 , which was not noted in group III (see Table 2). These results indicate a likely regulating role for this growth factor for the process of HO formation, since it has been described to participate in the differentiation of mesenchymal stem cells (Barry et al., 2001). This also shows the diversity of the actions of TGF- β_2 , since depending on the location exogenous TGF- β_2 seems to inhibit the osteoblastic differentiation of the mesenchymal cells and the osteocalcin expression (Moioli et al., 2007) and also induce ectopic ossification and in-



Figure 2. In group IV the cells lining the newly formed bone stained more for TGF- β_3 compared to TGF- β_1 (see Table 2). After the application of rhB-MP-2, the newly formed bone tissue produced more TGF- β_2 and TGF- β_3 , compared to TGF- β_1 (see Table 2) (brown staining marks the protein). Some differences could also be seen in mRNA expression (the blue staining on the right). Legend: IHC – immunohistochemistry; ISH – *in situ* hybridization; p – pore of the implant; b – bone tissue; c – connective tissue. The scale bar represents 20 µm.

crease the levels of osteocalcin in the cells (Huojia et al., 2005).

The third finding was that there is more immunohistochemically detectable TGF- β_2 and TGF- β_3 in the newly formed heterotopic bone compared to TGF- β_1 (see Table 2). Although this difference was not clear at mRNA level, this suggests that these isoforms are produced more during the remodelling of newly formed HO. Since the level of these two isoforms in bone was elevated in the early stages of HO, it may be that these isoforms take part in both formation and remodelling of HO. In induced HOs the expression of TGF- β , has been noted to increase by the day 30 (Ripamonti, 2005). Our results indicate that during induced HO formation changes in the production of the other isoforms (TGF- β_2 and TGF- β_{1}) take place earlier. Since isoforms TGF- β_{2} and TGF-B,, rather than TGF-B, have been shown to be expressed during the course of fracture healing in murine bone (Cho et al., 2002), these results allow us to say that the pattern of changes of tissue content of TGF-B, and TGF-B, during HO formation is similar to the one noted at fracture healing. Although TGF- β , is considered to be the most abundant isoform of the three, with 200 μ g/kg of TGF- β , being present in the bone (Sevedin et al., 1985), it seems that this accumulation does not occur within 21 days of induction but may occur later during bone remodelling.

It should be noted that very little cartilage formation was found in groups III and IV. Increased expression of TGF-ß isoforms has been found during endochondral ossification (Thorp and Jakowlew, 1994), but they have also been detected at sites of intramembranous ossification (Horner et al., 1998). It has also been shown that TGF-B, is more related to endochondral heterotopic ossification (Maroulakou et al., 1999) while TGF-B, and TGF-B, are more involved in the direct ossification of soft tissues, e.g. ossification and calcification of atherosclerotic lesions (Jeziorska, 2001). It is also known that TGF-B, is more expressed during membranous bone healing (Bouletreau et al., 2000). Taken together, it suggests that intramembranous ossification plays an important part in heterotopic ossification and the shift of the mesenchymal-like cell and osteoblast content of TGF-B, may be involved in intramembranous ossification. However since TGF-B, has been noted to induce chondrogenesis (Moioli et al., 2007), we may say that it affects both endochondral and intramembranous ossification and these two forms of ossification are both involved in the formation of HO. In groups II and IV, rhBMP-2 was added to the implants to ensure bone growth. We took into consideration that some of the immunohistochemical BMP-2 signal after three days in group II might have been caused by the applied rhBMP-2, since it usually takes two weeks for an organism to remove exogenous BMP-2 from the site (Seeherman and Wozney, 2005). The calculation of the quantity of BMP-2 in the implants at day 3 was therefore excluded from the results. Although application of rhBMP-2 seems to make it difficult to properly evaluate the early changes, it is essential to ensure bone growth in the operation area. Nevertheless the formation of HO after the operation appears to be initiated by inductive agents secreted by the cells (Toom et al., 2007), and standardized randomized and double controlled stereological analysis allowed us to evaluate the exact changes in the growth factor content in different tissues. Although the results are mostly descriptive, they provide thorough data about the TGF-ß distribution in early HO due to the standardized stereological analyses.

Since TGF- β isoforms have tended to affect cell proliferation and differentiation (*Jenner et al., 2007; Fromigué et al., 1998*) and also bone and cartilage development (*Joyce et al., 1990*), we believe that these growth factors (isoforms TGF- β_2 and TGF- β_3 in particular) have an effect on initial and early stages of heterotopic bone formation.

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